

CURRICULUM VITAE

Mariah F. Pensyl, BSN, RN

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Professional Experience

Senior Nurse Consultant

Lewis Litigation Support & Clinical Consulting, LLC, Butler, Pennsylvania 01/2024– Present

- Prepare and present in-service education and/or continuing education for professional license renewal to Nursing Home Administrators, Registered Nurses, and others employed in long term care.
- Evaluate clinical records for adherence to standard of nursing care and provide consultation and written reports.

Assistant Director of Nursing

01/2023 – Present

Consulate Healthcare, Everett, PA

- Assisting the Director of Nursing in managing the overall nursing department and ensuring the delivery of high-quality patient care.
- Assesses inpatient admissions utilizing clinical acumen and applicable policy and industry standards to accurately identify needs and develop treatment plans for diverse patient populations ensuring optimal health benefits.
- Monitoring and maintaining compliance with all relevant regulatory requirements and healthcare standards.
- Served as a resource to lower-level nurses by developing projects and initiatives to facilitate onboarding of new nursing staff and ensure optimal new hire outcomes.
- Participating in the development and implementation of training programs to enhance the skills and knowledge of the nursing staff.
- Assess, monitor, and manage wounds of patients according to established protocols and best practices. Collaborate with interdisciplinary teams to develop personalized wound care plans. Implement and evaluate wound care interventions, including dressing changes, wound debridement, and infection control measures.
- Develop and implement effective infection prevention and control programs to minimize the risk of healthcare-associated infections. Conduct regular audits and assessments to identify potential infection control issues and provide recommendations for improvement. Collaborate with healthcare staff to educate and train them on infection control protocols and best practices. Monitor and analyze infection data to identify trends, patterns, and

areas of improvement, while remaining updated on the latest research, guidelines, and regulations related to infection control and implement necessary changes accordingly.

Nursing Supervisor 05/2021 – 04/2023

Milestone Staffing, LLC, Harrisburg, PA

- Coordinated and overseen the daily operations of the nursing staff.
- Managed and evaluated the performance of nursing staff.
- Ensure compliance with healthcare regulations and standards.
- Developed and implemented policies and procedures to improve patient care and safety.
- Collaborated with other healthcare professionals to provide comprehensive patient care.

Nursing Supervisor 12/2020 - 01/2022

Licensed Practical Nurse 03/2020-11/2020

Stoneridge Retirement Carlisle, PA

- Assessed and evaluated patient health status and development of individualized care plans.
- Administered medication and provided treatments as prescribed by physicians.
- Monitored and documented patient progress and response to care.
- Collaborated with interdisciplinary healthcare teams to ensure continuity of care to reach the best possible outcome.
- Educated patients and their families on disease management and healthy lifestyle choices.

Nurse Manager, LPN

04/2018 – 02/2020

Devlin Manor, Cumberland, MD

- Provided direct nursing care to a 124-bed unit of skilled and long-term residents.

Education

Bachelor's Degree in Nursing

11/2023

Capella University

Minneapolis, MN

Associates Degree in Nursing

12/2019

Allegany Community College

Cumberland, MD

Licensed Practical Nurse

12/2017

Allegany College of Maryland

Cumberland, MD

Certification, and Professional Licenses

Active Registered Nurse License, Pennsylvania

03/2022-04/2024

Active Registered Nurse License, Maryland

7/2023-08/2024

Basic Life Support

03/2023-03/2025

Infection Control Preventionist, CDC

completed 01/2023